



UMUGANGA UVURA AMENYO ARIMO KUZA KU ISHURI!

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Kwita ku muryango w'umwana wawe ni ingenzi kugira ngo akomeze agire ubuzima bwiza.

BIROROSHYE & BIRIHUSE - Umuganga uvura amenyo wemewe na leta azasuzuma akanwa n'amenyo by'umwana wawe mu buryo buhoraho, cyane cyane akorerwe isuku, acishwe mu cyuma uko bikwiye, anogeshwe umuti urinda amenyo kumungwa wa fulyoride ndetse n'amenyo ye apfukishwe umuti wabigenewe nk'uko bikwiye. Ubufasha bw'inyongera, nko gusana iryinyo uryuzurisha umuti wabigenewe, bushobora gutangwa. Ifishi yakoreweho raporo y'ubuvuzi bw'amenyo izoherezwa mu rugo hamwe n'umwana wawe. Uburenganzira bukubiyemo ubuvuzi bw'amenyo yakorewe mbere no gusurwa no hakurikiranywe uko amereye. **YISHYIREHO UMUKONO MAZE UYIGARURE KU ISHURI RYAWA UYU MUNSI!**



TURABASABA KUZUZA

Izina ry'adini ryemewe n'Amategeko ry'umwana	Irindi zina ry'umuryango ryemewe n'Amategeko ry'umwana	Itariki y'amavuko mm/dd/yyyy	☐ Gabo ☐ Gore
Aho abarizwa	Umujyi	Leta	Zipu
Ishuri	Umwali		Umwaka
Amazina y'umubyeyi/Umurera	Telephone ()		
Imeyili	Telephone Alt ()		

IKIBAZO K'INGENZI KIYANYE N'UBUZIMA

ESE HARI INDWARA UMWANA WAWU YIGEZE AGIRA CYANGWA AFITE, UBUMUGA, IMYITWARIRE CYANGWA IBINDI BIBAZO? TURABASABA KUVI-VURA BURI KIBAZO UMWANA WANYU YABA AFITE NO KUGISOBANURA MU MWANYA WATANZWE. SHYIRA KU MUGEREKA W'IYI FISHI ANDI MAKURU Y'INYONGERA AKENEWE. NIBA NTAYO, HASIGE HATANDITSE.

- | | | | | |
|--|---|---|--|---|
| ☐ Indwara zandura cyane (harimo COVID-19) | ☐ Ibyo kurya bitera umubiri we kwivumbura/bimugwa nabi | ☐ Ibibazo bishingiye ku myitwarire | ☐ Diyabeti | ☐ Indwara y'impayiko |
| ☐ Asima | ☐ bitewe n'ibihe | ☐ Ibibazo byo kuva amaraso | ☐ Indwara z'umutima | ☐ Indwara y'umwijima |
| ☐ Imiti itera umubiri we kwivumbura | ☐ Ibibazo by'ubuhumekero | ☐ Indwara ziterwa n'ubudahangarwa | ☐ Igicuri | |
| ☐ Indwara zandura cyane (harimo COVID-19) | ☐ Ibibazo by'ubuhumekero | ☐ Uburwayi bw'amenyo | ☐ Indwara ziterwa n'ubudahangarwa | ☐ Igicuri |

Garagaza imiti ari gufata n'ibyo muganga w'amenyo yakwitaho gusuzuma:

NIBA UMWANA AFITE UBWISHINGIZI BWA MEDICAID/HEALTHWAVE/KANCARE

Ca akaziga hamwe ku hantu hakurikira: Healthy Blue, Sunflower, United Healthcare

Andika imibare 11 iranga umwana
Numero imuranga HANO:

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CYANGWA Nimero y'ubwishingizi y'umwana # (niba ihari)

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UBWISHINGIZI BWIGENGA BW'AMENYO

ubwishingizi. Izina ry'ikigo
(ntabwo ari ubwishingizi Medicaid)

Telephone ()

Itsinda #

Izina ry'umukoresha

ikigo Telephone ()

Amazina y'umuntu mukuru wishingiwe

Itariki y'amavuko y'umuntu wishingiwe / /

Ikarita/Amabwiriza biranga umunyamuryango #

Umuntu mukuru wishingiwe SS # - -

NIBA UMWANA ADAFITE UBWISHINGIZI BW'AMENYO

(VIVURA KAMWE AHAGANA HASI)

Niba kwishyura serivisi, gukoresha shekije cyangwa kohereza amafaranga kuri iyi fishi maze akishyurwa kuri: **Nevin Waters, DDS**, kwishyura ukoresheje ikarita credit card, hamagara 855-481-8639.

- ☐ Nzishyura igiciro kigabanyije kugira ngo akorerwe isuku yo kumuhanagura amenyo, asuzumwe kandi anogeshwe umuti wa Filyoride uko asuwe. Umwana ufite imyaka 12 cyangwa muni y'ayo: **\$57.00** Umwana ufite imyaka 13 cyangwa uyirengeje: **\$70.00**
- ☐ Ndasaba ubufasha butanzwe nk'inkunga bwo kwishyura ikiguzi cyo gusukura amenyo y'umwana wanjye, kuyasuzuma no kuyogeshya umuti wa filyoride. (Tuzabohereza ifishi isabirwaho ubufasha butangwa nk'inkunga). Iboneka rimwe gusa mu mwaka w'amashuri mu gihatangwa ubuvuzi bukumira ingwara gusa.)

Niba umwana wawe ahura n'umuganga uvura amenyo mu buryo buhoraho, kandi ukaba wifuza ko akomeza kuvurwa n'uwo umuganga uvura amenyo turagusaba kubikora.

SOMA MAZE USHYIRE UMUKONO AHAGANA HASI

Nsabanukiwe kandi mpaye uburenganzira Nevin K. Waters D.D.S., PA (Ivuriro), abaganga bavura amenyo bakorana cyangwa abaganga basukura amenyo bakorana, bwo guhera serivisi z'ubuvuzi bw'amenyo ku ishuri umwana wawuzwe haruguru mbereye umubyeyi cyangwa umurera mu buryo bwemewe n'amategeko, harimo kumufata ikizamini, kumusukura amenyo, kumwogeshya umuti wa filyoride ndetse no gusanisha amenyo ye imiti yabigenewe, kumucisha mu cyuma ndetse no kumusabira ko yakogeshwe umuti wa Silver Diamine Fluoride nk'uko bikwiye. (Gukoresha umuti wa Silver Diamine Fluoride bishobora bishobora gutuma ibara ry'uduce twamunzwe tw'irinyo duhinduka umuhondo ucyutse cyangwa umukara). REBA AHANA INYUMA KUGIRA NGO UBONE AMAKURU ARAMBUYE.) Kandi mpaye uburenganzira undi mukozi uwariwe wese uvura amenyo nko kuyasana, gukura utwinyo duto turimo kumera dutse ikibazo, kumukorera serivisi ya pulpotomi (kuvura umutsi w'akinyo kari kumera), kumutera ikinyo ku gice cy'umunwa n'amenyo ndetse n'ubundi buryo bukurikizwa nk'uko bikwiye. Nasomye IBIBAZO BIYANYE N'UBUZIMA BY'INGENZI ahagana haruguru kandi nzatanga muri raporo impinduka zigaragara zose mu buzima bw'umwana wanjye kuri nimero 855-481-8639. Nasomye UBUTUMWA N'UBURENGANZIRA BY'INGENZI BIGARAGARA KU GICE KIRI AHAGANA INYUMA H'IYI PAJI kandi nasabanukiwe nanemera amategeko abigenga.

SHYIRA UMUKONO N'TARIKI HANO

Iyi nyandiko iha uburenganzira ibikorwa byo gusurwa umwana hagamijwe kumukorera ubuvuzi bw'amenyo by'abanje n'ibizakurikira.

ITARIKI

Ku bwo kugirira ibanga amakuru yawe, Turagusaba kukaziga maze ukagahisha.



IBIBAZO: 855-481-8639 FAGISI: 888-330-4331 Dusure ku rubuga: BigSmilesDental.org

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UBUTUMWA BUMENYESHA N'UBURENGAZIRA BY'INGENZI

Nsobanukiwe kandi mpaye uburenganzira Nevin K. Waters D.D.S., PA (Ivuriro), abaganga bavura amenyi bakorana cyangwa abaganga basukura amenyi bakorana, bwo guha serivisi z'ubuvuzi bw'amenyo umwana wazwawe haruguru mbereye umubeyi cyangwa umurera mu buryo bwemewe n'amategeko, harimo kumufata ikizamini cy'amenyo no kumuha amabwiriza agenga gusukura amenyi, kumwogereza amenyi, kumwogeshwa umuti wa filiyoriye, kumucisha mu cyuma ndetse no gusanisha amenyi ye imiti yabigenewe ndetse no kumusabira ko yakogeshwa umuti wa Silver Diamine Fluoride kugira ngo hakomeze havurire irinyo ryamunzwe. kandi mpaye uburenganzira umuganga uvura amenyi bwo gusana utwobo twose tw'irinyo ryamunzwe cyangwa gusimbaza igice cyo hejuru cy'irinyo, gukura akinyo gato gafite ikibazo, kumukorera serivisi ya pulpotomy (kuvura umutsi w'akinyo kameze) kumushyiriramo utwuma dutangukanya amenyi cyangwa kumuha ubundi buvuzi bw'amenyo bukenewe nk'uko bikwiye. Nsobanukiwe ko hari ingorane zishingiye ku buvuzi bukorerwa amenyi harimo kubiyimba cyangwa kubabara zishobora kubaho bitewe n'ubu buvuzi cyangwa no guterwa urushinge rw'ikinyi cyagenewe ahantu hato, cyangwa ubwimbumbe bw'umubiri we. (Ukeneye andi makuru areba izi ngorane zaterwa no kuvura amenyi ndetse n'ubundi buvuzi bwashimubwa, turagusaba guhamagara nimero yatanzeze.) Nsobanukiwe ko hari igice cyo gusuzuma amenyi y'umwana wanjye cyakorwa hifashishijwe iyakure kandi ko amakuru y'ubuvuzi (nko gushyirwa mu cyuma) ashobora gukanywa maze akoherezwa mu buryo bw'ikoranabuhanga ku rindi viriro kugira ngo asuzumwe n'undi muganga uvura amenyi. Mpaye uburenganzira ko hakoresha serivisi zo kuvura amenyi zikurwa hifashishijwe iyakure kandi nsobanukiwe ko nubwo kugira ibanga amakuru y'ubuvuzi yubahirizwa, gukoresha uburyo bwo kohereza undi muntu amakuru y'ubuvuzi hifashishijwe ikoranabuhanga bishobora gutuma habaho izindi ingorane zishingiye ku kubika amakuru bwite y'umuntu Nsobanukiwe ko mfitse uburenganzira bwo guhabwa amakuru y'ubuvuzi afitanye isano n'ikoresha rya serivisi zo kuvura amenyi hifashishijwe iyakure. Mpaye uburenganzira ivuriro ryavuye umwana kohereza fagitire no gusukanya ubwishyu butangwa n'ikigo cy'ubwishingizi Medicaid, ubwishingizi, cyangwa undi wese wakwishyura. Mpaye uburenganzira ishuri umwana wanjye yigaho guha amakuru y'ubwishingizi aranga umwana wanjye ivuriro cyangwa umukozi ukora fagitire kugira ngo bahe fagitire uwishyura serivisi z'ubuvuzi. Niba mfitse ubwishingizi bw'amenyo, nzaherera fagitire nemeye kwishyura amafaranga yose yakatwa ndetse/cyangwa nafatanyaga n'abandi kwishyura. Ubuvuzi bwatangirwa n'umuganga uvura amenyi mu kigo bishobora kugira ingaruka ku nyungu z'igihe kizaza umwana wawe ashobora guhabwa afite ubwishingizi bwigenga, Medicaid cyangwa CHIP Keretse niba nari naragerageje gukoresha ubundi buryo kugira ngo nitabire ubuvuzi, kandi mpari igihe hatangwa serivisi, serivisi zizatanga atari ngombwa ko mpari. Mpaye uburenganzira ivuriro kohereza ubutumwa bugufi bujyanye na gahunda y'ishuri itanga serivisi zo kuvura amenyi. Ndemera ko kohereza ubutumwa bugufi atari uburyo butekanye bw'itumanaho kandi ko biteje izindi ngorane zijanywe no kubika amakuru bwite. (Ubutumwa bugufi ndetse na/cyangwa amafaranga yishyurirwa amakuru ashobora gukatwa n'ikigo gitanga serivisi zo gukwirakwiza umuyagankuba, bitewe no guharika, gusubiza "HAGARIKA" ku butumwa bugufi bwose twakirye. Wemeye kandi kwakira telefone iguhamagara yafashwe amajwi ndetse/cyangwa yihamagaye ifitanye isano na gahunda itanga serivisi zo kuvura amenyi kuri nimero y'umurongo watanzwe ndetse/cyangwa telefone ngendanwa zatanzwe kuri iyi fishi yatangiweho uburenganzira.) Nahawe amasezerano agenga ubutumwa bugufi bujyanye n'ibikorwa bishingira ku makuru bwite (NPP) yashyizwe ku mugereka w'iyi fishi kandi nemeye isohorwa ry'amakuru yubuvuzi yafashwe aranga umwana wanjye, harimo amakuru yahawe yatanzeze n'ivuriro, ndetse n'andi yose ajyanye n'ubundi bw'agakoko gatera sida HIV/AIDS, ibyorezo byandura, indwara zandurira mu mibonano mpuzabitsina, ibiyobabwenge n'ibisindisha, ndetse n'amakuru ajyanye no kuvura umwuka mwiza mu maraso anemiyaga. Ntanzwe uburenganzira bwo gutanga ayo makuru bikozwe n'ivuriro ku muntu wese ufitse ishingano zo kwishyura ndetse/cyangwa ikigo gitanga serivisi nyobozi ndetse n'abafatanyabikorwa babo bafite kontaro bwo gukoresha no gusangiza abandi amakuru afitanye isano n'ubuvuzi bukorwa umwana, kumwishyurira serivisi z'ubuvuzi ndetse n'izindi mpamvu zijanywe no kwita ku buzima bwe. Iyi nyandiko iha uburenganzira ibikorwa byo gusura umwana hagamiye kumukorere ubuvuzi bw'amenyo by'abanye n'ibizakurikiraho. Nshobora guharika ubu burenganzira igihe icyo aricyo cyose mu nyandiko.

Umuti wogeshwa amenyi Silver Diamine Fluoride (SDF) - Umuti mushya uvura amenyi urwanya ugucukukagurika kw'amenyo

INYUNGU ZITANGWA N'UMUTI SDF: Ugucukagurika kw'amenyo ni rusange mu bana, ariko ubu abaganga bacu bavura amenyi bafite ubundi buryo butekanye kandi butababaza buruta uburyo gakondo bwo kuvura irinyo ricukuka bwitwa silver diamine fluoride(SDF). Umuti silver diamine fluoride SDF ni umuti w'amazi uvura ibikomere wemejwe n'ikigo FDA ukoresha mu gufasha kurwanya ugucukagurika kw'irinyo byikora, biyongera, kandi bigakwirakwira ku yandi menyo. Umuganga uvura amenyi yogesha gusa umuti SDF ku gice cy'inyuma k'irinyo.

Ubundi buryo

- Nta muti uhari: Iryinyo rishobora kugomezwa kumungwa maze rigateza uburibwe.
- Andi mahitamo: Kogeshwa irinyo umuti wa filiyoriye, kurisana cyangwa gusimbaza igice cyo hejuru, cyangwa kukura irinyo.

Ingorane

- Umuti SDF ntabwo ushobora gukuraho gukenera uburyo gakondo bwo gusana irinyo.
- Birasanzwe ko umuti SDF utuma umwobo wacukutse mu rinyo uhinduka ibara ry'umuhondo ucuuyitse cyangwa umukara-bisobanuye ko urimo gukora
- Ibice bizima by'irinyo ntabwo bizahindura ibara.

- Umuti SDF ushobora gutuma irinyo rihindura ibara by'igihe gito igihe rihuye n'uruho. Uguhindura ibara ntacyo bitwaye kandi bigomba gushira mu gihe kiri muni y'icyumweru.
- Umuti SDF ushobora gutera uburyohe bw'igihe gito bumeze nk'ubw'icyuma.



Umwobo wacukunytse mu rinyo



Uburyo SDF bwakoreshejwe

IBIBAZO? Hamagara abahuzabikorwa bacu bashinzwe kwita ku barwayi 855-481-8639.

KOMEZA UBIKE AMAKURU YAWE

DR. NEVIN K. WATERS, DDS, P.C.

Sue (Linda) Dobbs, DDS, Staci Osgood, DDS, Nevin Waters, DDS

UBUTUMWA BUJYANYE N'IBIKORWA BYO KUGIRA IBANGA AMAKURU BWITE
UBU BUTUMWA BUSOBANURA UBURYO AMAKURU Y'UBUVUZI AKURANGA ASHOBORA GUKOreshwa NO GUSANGIZWA ABANDI NDETSE
N'UBURYO USHOBORA KUGERA KURI AYA MAKURU. TURAGUSABA KUYASOMA WITONZE. KOMEZA UBIKE AMAKURU YAWE

ISHINGANO YACU NYUBAHIZATEGEKO

Kubika ibanga ry'amakuru yawe ni ingenzi kuri twe. Dusabwa kubahiriza amategeko y'Amerika na leta kugira ngo dukomeze tugire ibanga makuru y'ubuzima bwawe. Kandi dusabwa kugaha ubutumwa bujyanye n'ibikorwa byo kugira ibanga amakuru, ishingano zacu nyubahirizategeko, ndetse n'uburenganzira bwawe bujyanye n'amakuru aranga ubuzima bwawe. Tugomba gukurikiza ibikorwa byo kugira banga amakuru byasobanurwe n'ubu butumwa igihe butangije gukurikizwa. Tuzabikumenyesha niba amakuru yawe y'ubuvuzi adatekanyaga yabuze.

Tugumana uburenganzira bwo guhindura ibikorwa byacu byo kugira ibanga amakuru ndetse n'amategeko agenga ubu Butumwa igihe icyo aricyo cyose, igihe bigaragara izo mpinduka zitangirwa uburenganzira n'amategeko akurikizwa. Tugumana uburenganzira bwo guhindura iyi nyandiko ikubiyemo ibikorwa byo kugira ibanga amakuru ndetse n'amategeko mashya akubiyemo mu nyandiko ikubiyemo ubutumwa bureba amakuru yose agenga ubuzima twagumana, harimo amakuru y'ubuzima twakusanyije cyangwa twakirye mbere y'uko dukora impinduka. Mbere y'uko dukora impinduka zigaragaza mu bikorwa byacu byo kugira ibanga amakuru, tuzahindura ubu butumwa maze tubagezeho inyandiko ikubiyemo ubutumwa bushya mubisabwe.

Mushobora gusaba kopi y'iyi nyandiko ikubiyemo ubutumwa bumenyeshya igihe icyo aricyo cyose. Ukeneye andi makuru ajyanye n'ibikorwa bigira ibanga amakuru, cyangwa ukeneye izindi kopi z'ubu butumwa bumenyeshya, turagusaba kutwugisha ukoresha amakuru yashyizwe ku rutonde ku musozo w'ubu butumwa.

GUKOresha NO GUSANGIZA ABANDI AMAKURU ARANGA UKUYIYWEZA

Dukoresha kandi tuzasangiza abandi amakuru aranga ubuzima ajyanye nawe n'uburyo wivuze, wishyura, ndetse n'ibikorwa byo kwita ku buzima. Nk'urugero:

Kwishyura: Dushobora gukoresha cyangwa gusangiza amakuru aranga ubuzima bwawe ku muganga ukoresha imyitozo ngoramubiri, umufomoro w'ishuri/umuhuzabikorwa w'ubuzima, cyangwa undi munyabuzima ukurwa.

Kwishyura: Dushobora gukoresha ndetse no gusangiza abandi amakuru aranga ubuzima bwawe kugira ngo twakire ubwishyu kuri serivisi tuguha.

Ibikorwa by'ubuvuzi: Dushobora gukoresha ndetse no gusangiza amakuru aranga ubuzima bwawe mu bikorwa bitanywe isano n'ubuvuzi bwacu nko gusuzuma ubushobozi bwe cyangwa impamubushozi z'abanyabuzima ndetse no gusuzuma imikorere y'ubuvuzi cyangwa y'ivuriro.

Uburenganzira bwawe: Gukoresha no gusangiza abandi amakuru bitasobanurwa muri ubu butumwa bishobora gukorwa gusa binyuze mu burenganzira bwawe bwanditse. Ikindi kandi, tugomba guhabwa uburenganzira bwawe bwo gukurishya amakuru y'ubuvuzi yawe cyangwa gukoresha cyangwa gusangiza abandi amakuru yawe mu kwamamaza ibicurizwa cyangwa serivisi kuri wowe ubwibwishyura kugira ngo tubasangirwe. Niba utanzwe uburenganzira, ushobora kubesha mu nyandiko igihe icyo aricyo cyose. Gusaba uburenganzira kwawe ntabwo bizagira ingaruka ku mikoresheze cyangwa ku gusangiza amakuru yatangiye uburenganzira ubwo byatangiraga gukurikizwa. Keretse gusa uduhaye uburenganzira mu nyandiko, ntabwo dushobora gukoresha cyangwa gusangiza abandi amakuru aranga ubuzima bwawe ku mpamvu y'ariyo yose keretse gusa izo zasobanurwe mu ubu butumwa bumenyeshya.

Ku muryango wawe no ku nshuri zawe no ku bantu bagize uruhare muri uku kuvuzwa: Ntabwo dushobora gusangiza amakuru aranga ubuzima bwawe ku munyamuranga wawe, ku nshuri cyangwa ku bandi bantu bagize uruhare mu kwizwa kwawe kugeza ku gipimo kiri ngombwa ko bagufasha kwizwa cyangwa kwishyura ubwishingizi bwawe. Dushobora kandi gusangiza amakuru y'ubuvuzi bwawe muryango haranira gukurikiza ibiza kugira ngo bafashe abantu ku banyabuzima mu gihye cy'ibiza. Dushobora kandi gukoresha cyangwa gusangiza abandi amakuru y'ubuvuzi yawe kugira ngo tumenyeshe, cyangwa dufashe mu kumenyesha, umunyamuranga, uguhagarariza cyangwa umuntu ufite ishingano zo ku kwita aho utuye, kwita ku buzima rusange bwawe cyangwa habayeho urupfu. Niba ufutira ko twasangiza amakuru y'ubuzima bwawe abanyamuranga cyangwa abandi muri ibi bihe byavuzwe, turagusaba kubimenyesha umukozi wacu ushinze serivisi za HIPAA kuri nimero 888-633-8441.

Ibisabwa n'amategeko: Dushobora gukoresha cyangwa gusangiza abandi amakuru aranga ubuzima bwawe igihe dusabwa gukora ibyo n'amategeko.

Umutekano rusange: Dushobora gukoresha cyangwa amakuru y'ubuvuzi ku bayoboz bashinzwe yubahirizategeko, nk'igisubizo cyangwa ku itinda rishinzwe gushakisha cyangwa ku itinda rinini rishinzwe gusukanya ibimenyetse by'amategeko, cyangwa mu gufasha abayoboz bashinzwe yubahirizategeko mu kumenya cyangwa guhungahungira umuti, gutanga raporo y'urupfu rushobora kubwa rwatwe n'imyitwarire ikubiyemo ibyaha, cyangwa gutanga raporo ishingye ku myitwarire ikubiyemo ibyaha mu kigo cyacu .

Ihohotera cyangwa kutita ku muntu: Dushobora gusangiza amakuru aranga ubuzima bwawe ku bayoboz akubwira niba ko twizeye ko ushobora kuba ari wowe wakoreye ihohotera, ufashwe nabi, cyangwa ikorewe ihohotera mu ngo cyangwa uwakorewe ihohotera mu bindi byaha. Dushobora gusangiza amakuru aranga ubuzima bwawe ku gipimo gikwiye cyo gusubiza inyuma ikintu cyo kwangiza cyane ubuzima bwawe cyangwa umutekano wawe cyangwa ubuzima cyangwa umutekano w'abandi.

Kwibutsa randevu: Dushobora gukoresha cyangwa gusangiza amakuru aranga ubuzima bwawe kugira ngo hatangwe uburyo bwo kwibutsa randevu (nk'ubutumwa bugufi butangwa na imeyili y'iyi, postcardi, ibarurwa, imeyili cyangwa ubutumwa bugufi).

Ibikorwa ku migenurire y'imikorere y'ubuzima: Dushobora gusangiza amakuru y'ubuzima ku kigo gishinzwe kugenurira imikorere y'ubuzima ku bikorwa byemewe n'amategeko. Ibi bikorwa bigenzurwa imikorere y'ubuzima ikubiyemo, nk'urugero, amaganzira, amepereza, gusurwa ndetse n' ubushakashatsi bikorwa harurwa uwujije ibisabwa mu buvuzi. Ibi bikorwa ni ngombwa kuri guverinoma kugira ngo igenzure sisitemu yo kwita ku buzima, ukwaduka kw'ibyorezo, gahunda za guverinoma, gukorana n'amategeko arengera uburenganzira bwa gisivile ndetse kuvugurura ibigenzwa umurwayi.

Amategeko n'imanza: Dushobora gusangiza amakuru aranga ubuzima byawe tubasabwe muruko cyangwa urw'ubuyobozi. Dushobora kandi gusangiza amakuru aranga ubuzima bwawe tubasabwe n'ubushabwa bw'urukiko, ubasabwe bw'iperereza cyangwa ubundi buryo bw'amategeko.

Indi mikoresheze y'amakuru n'ubundi buryo yasanzwe abandi bantu. Nk'uko bitangirwa uburenganzira cyangwa nk'uko bisabwa n'amategeko, dushobora gukoresha cyangwa gusangiza amakuru yawe y'ubuvuzi abandi bantu ku mpamvu z'ubushakashatsi, ku miryango itanga ikaganzira ingingo nk'impano ndetse ikaganzira mu bantu; ku mpamvu zo guhemba abakozi cyangwa gahunda zihuje ibisabwa kugira ngo tubahirizwe amategeko afitanye isano n'amashyamba y'abakozi cyangwa gahunda zihuje ibisabwa zitanga ibikenewe mu kuvura ibikomere cyangwa uburwayi bitanywe isano n'abakozi, ku bakurwa by'ubuzima bya leta nko kutanga cyangwa gukurikiza ibyorezo, ibikomere cyangwa ubumunyu; ku gutanga raporo y'ubwimbumbe bw'umubiri ku mti cyangwa ku bibazo bitwara n'imiti; kumenyesha abantu y'ubwimbumbe imiti bashobora gukoreshe; kumenyesha umuntu ushobora kuba yakwanduzwa n'ubwo burwayi, cyangwa ufite ingorane zo kwandura cyangwa gukwirakwiza icyorezo; ku baganga bakora isuzuma kugira ngo bamenye umuntu witabye imana cyangwa bagene impamvu y'urupfu; cyangwa abayoboye igikorwa cyo gushyigirira ngo buzize ishingano zabo.

Kubona UBURENGAZIRA BW'UMURWAYI: Ufite uburenganzira bwo kureba cyangwa kubona kopi zikubiyemo amakuru aranga ubuzima bwawe, harimo amafaranga yababura. Ugomba kubisaba mu nyandiko kugira ngo uhabwe uburenganzira bwo kureba amakuru ku buzima maze ukohereza ubasabwe ukohereje fagisi kuri nimero igaragara ku musozo w'ubu butumwa.

Gusangiza abandi amakuru: Ufite uburenganzira bwo guhabwa urutonde rw'abantu bamwe na bamwe bazasanzwe amakuru twe cyangwa abafatanyabikorwa bacu bategurirwa amakuru aranga ubuzima bwawe. Niba usabye ubu busabwa ishuri zireze 12 mu kwezi, dushobora kuguca amafaranga aringanyanye kandi ashingye ku biciro birimo kugira ngo dusubize ubasabwe bwawe.

Ibibujije:Ufite uburenganzira bwo gusaba ko duharikira gukoresha no gusangiza abandi amakuru aranga ubuzima bwawe. Ntabwo dusabwa kwemera ubasabwe bwawe keretse igihe gusangiza abandi amakuru byaba biyanye na gahunda y'ubuzima bwawe, wowe (cyangwa undi muntu wabwemo utari muri gahunda y'ubuzima) yishyuye amafaranga yose yo kwita ku buzima bwawe, gusangiza abandi amakuru bitanywe isano no kwishyura cyangwa ibikorwa byo kwita ku buzima, kandi gusangiza abandi amakuru ntabwo bisabwa n'amategeko, ibyo twemanyanywe ku bibujije, ariko, tuzagenera ubu buho masezerano (uretse mu bihe by'ubutabazi).

Ubundi buryo bwo guhanahana amakuru: Ufite uburenganzira bwo kubisaba mu nyandiko ko duhanahana amakuru nawe mu nyandiko ajyanye n'amakuru aranga ubuzima bwawe hakoreshejwe ubundi buryo cyangwa abandi hantu hemejwe mu busabwa bwanditse.

Amavugurura: Ufite uburenganzira bwo gusaba ko tuvugara amakuru aranga ubuzima bwawe. Ubasabwe bwagomba kuba mu nyandiko kandi bwagomba gusubanzwa impamvu ayo makuru agomba kuvugururwa. Dutashya agaciro ubasabwe bwawe bitewe n'ibintu runaka.

Ubutumwa busanzwe hifashijwe uburyo bw'ikoranabuhanga: Niba wakirye ubu butumwa ku rubuga rwawe cyangwa kuri imeyili, ugomba kwakira ubu butumwa mu buryo bwanditse ubasabwe.

IBIBAZO NO GUTANGA IKIREGO

Niba wifuza andi makuru ko bikorwa byo kugira ibanga amakuru cyangwa ufite ibibazo cyangwa impungenge, turagusaba kutwugisha. Niba ufite impungenge ko dushobora guhonyora uburenganzira bwo kugira ibanga amakuru yawe, ushobora kutwandikira ibarurwa ikubiyemo ibyo ubanyuzeho ukoresheje amakuru akubiyemo uburyo watwugishamo yatanditse ku musozo w'ubu butumwa bumenyeshya. Ushobora kandi kohereza iy barurwa imho ikirego ku ishami rya Leta zunze Ubumwe z'Amerika rishinzwe ibiro bitangirwamo serivisi zita ku buzima no kubakoko kugira ubahwe uburenganzira bwa gisivile burengera rubanda woherera ibarurwa kuri aderesi 200 Independence Avenue, S.W., Washington, D.C. 20201, hamagara 1-877-696-6775, cyangwa usure urubuga www.hhs.gov/ocr/privacy/hipaa/complaints Ntabwo tuzahorera mu buryo ubwo arirwo bwose niba uhiseho kutwegera cyangwa kuregera ishami rya Leta zunze Ubumwe z'Amerika rishinzwe ibiro bitangirwamo serivisi zita ku buzima no kubakoko.

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